

SCHEDULE

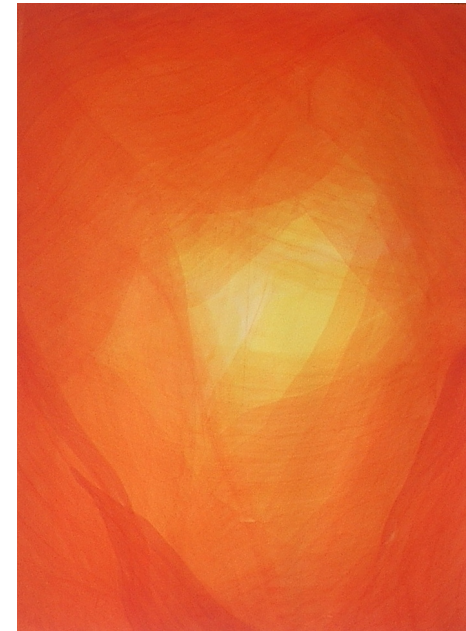
THURSDAY February 19	FRIDAY February 20	SATURDAY February 21
	9:00 - 10:30 Lecture	9:00 - 10:30 Lecture
	10:30 - 11:00 Break	10:30 - 11:00 Break
	11:00 - 11:45 Explanation of Process	11:00 - 11:45 Group Work
	11:45 - 11:55 Brief Break	11:45 - 11:55 Brief Break
	11:55 - 12:45 Patient Observation	11:55 - 12:45 Plenum Presentation
	12:45 - 1:45 Lunch	12:45 - 1:45 Lunch
	2:15 - 4:00 Group Work	2:00 - 3:00 Artistic Work
	4:00 - 4:30 Break	3:00 - 3:30 Break
4:30 - 6:00 Registration	4:30 - 5:30 Artistic Work	3:30 - 4:30 Plenum and Closing
6:00 - 7:00 Dinner	6:00 - 7:00 Dinner	
7:15 - 9:15 Welcome and Opening Lecture	7:15 - 9:15 Lecture	

Canadian Anthroposophic Medical Association
presents

WARMTH AND THE HEART

with

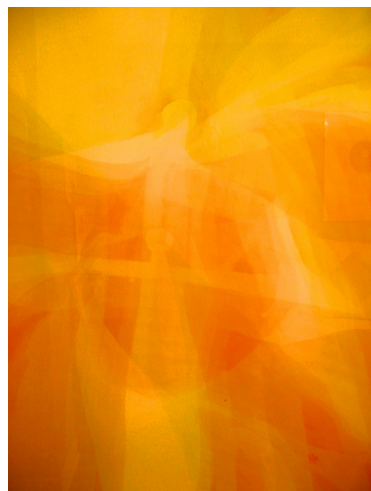
James Dyson M.D. and Guus van der Bie M.D.



A medical conference

**for Doctors, Therapists and Educators
Toronto Waldorf School Campus, Thornhill,
Ontario, Canada
February 19 – 21, 2009**

WARMTH AND THE HEART



Our life revolves around two totally polar processes alternating many times each minute with systole and diastole; the selfless rhythmical activity of the heart. Here between these two processes of contraction, a sudden burst of activity that we can sense and then relaxation, a period of rest that escapes our attention, lives the third experience. Looking at the heart's location in the mid-point of our body between the coolness of the head and the heat of the metabolic system, we may ask what is birthed at the mysterious point between these polar activities? Further questions are: What is

this ongoing rhythmical activity? What happens when the rhythm is lost? What happens when the balance is lost?

During the conference we will explore this place of warmth and enlivenment that permeates all levels of our being. In addition, through phenomenological diagnosis and patient observation, we will focus on how we can therapeutically help people struggling with conditions arising from unbalanced processes of the heart.

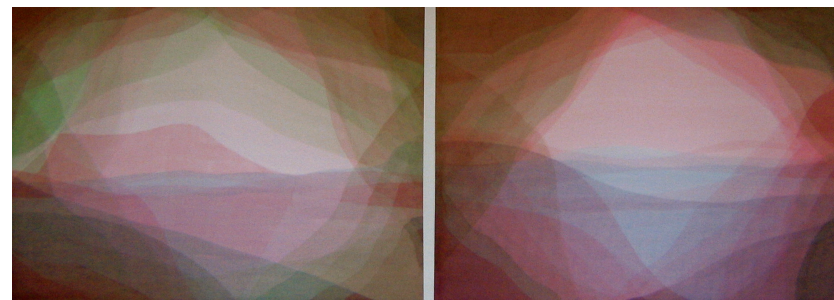
James Dyson M.D.

Dr. James Dyson has worked as an anthroposophical physician for nearly 30 years, developing a special interest in the fields of mental health and developmental psychology. He was the co-founder of Park Attwood Clinic, UK in 1979, an anthroposophical residential and out-patient care facility for patients with both physical and psychiatric needs. James has taught and lectured widely in the field of anthroposophical health and social care. He became a main contributor to the Medical Section Mental Health Seminar (UK) in 1988 and was co-founder of the 'Psychosophy Seminar' in USA (2001 - 4). James also has extensive working experience as a physician in 5 Steiner-Waldorf Schools and in several Camphill Communities in the UK. Since leaving Park Attwood, Dr. Dyson has focused on completing a Masters' Degree in Applied Psychosynthesis. Currently his principal professional involvement is as Medical and Educational Advisor to the Hiram Academy, an adult education college sponsored by Ruskin Mill Education Trust and the UK Mental Health Seminar, Eurythmy Therapy Training and Rhythmical Massage Training.

Guus van der Bie M.D.

After completing his medical degree, Dr Guus van der Bie worked for quite a while at the University of Utrecht, the Netherlands, as an embryologist/anatomist. Teaching was his most important task. He worked together with a broad group of health care providers: MD's, residents, physiotherapists, art therapists and nurses. His interest in anthroposophical medicine eventually led to the choice of the most general medical profession that exists, family physician. For 34 years he worked as a family physician in Zeist, in an anthroposophical health care center that offered a wide range of complementary therapies. His whole life he remained involved in teaching medical students and therapists. For the last 15 years he has worked intensively in the Dutch and international anthroposophical medical training. These resulted in a workbook: Foundation of Anthroposophical Medicine. Throughout his professional life, he has been active teaching phenomenologically focusing specifically on learning to "translate" facts that regular medicine discovers and how to interpret them in a phenomenological way. In this way an effort is made to integrate current knowledge into anthroposophical medicine. His publications are available in "Companions for the Study of Medicine" published by the BOLK Institute in the Netherlands and can be found on www.louisbolk.nl.

For further information contact: Melanie Nason for CAMA
Tel: 905-709-3136
E-mail: melanienason@rogers.com



Core reading:

Rudolf Steiner. **Introducing Anthroposophical Medicine, Lecture 2.** Anthroposophic Press, 1999

Rudolf Steiner. **Course for Young Doctors, Lecture 8.** Mercury Press, 1997
Warmth and the Heart – Wala pamphlet

Doc Childre & Howard Martin. **The Heartmath Solution.** HarperOne, 1999

Rudolf Steiner & Michael Lipson. **Broken Vessels: The Spiritual Structure of Human Frailty Lectures 7 & 8.** Steiner Books, 2003

REGISTRATION

Must be received by February 12, 2009

Name: _____

Home Address: _____

Home Phone

Number: _____

Business Phone: _____ Cell: _____

E-mail _____ Fax No: _____

Training: _____

Professional Qualification: _____

If student, name of training institution: _____

Meals: Organic/Biodynamic (where possible) and healthy. To keep costs down we are asking participants to support the full meal package of lunch and dinner on Friday and Saturday. Snacks and beverages will be available throughout the conference.

Meals Cdn \$95: US \$85 \$ _____

Registration Fee: Cdn \$225: US\$200 \$ _____

Housing: Billeting with a family \$25 (Cdn/US) per night

\$ _____ x _____ #nights = \$ _____

Total amount enclosed \$ _____

• Allergies to pets? _____

• Own transportation? _____

• We will do our best to place you within walking distance if you are without a car.

Please make cheque payable to **CAMA and mail to:**

CAMA,

7 - 9100, Bathurst Street Suite 2,

Thornhill, ON, L4J 8C7,

Canada

LOCAL HOTELS

The Knights Inn

10711 Yonge Street, Richmond Hill

☎ 905-884-1007

knightsinninfo@gmail.com

www.knightsinnnorth.com

\$64.99 (plus 10% tax) per couple/night – this rate is for Thurs., Fri., and Sat. \$10/extra person in room

- These rates include complimentary breakfast and are in Canadian Dollars.

Please mention CAMA conference when booking.

Best Western Hotel

Call Reservations Department directly at 1-800-668-0101

Special rate of \$89.00 for the room (single or double occupancy).

When making your reservation, please indicate that you are part of CAMA group booking. However, you are responsible for payment direct to Best Western.

There are two properties under one roof - **The Sheraton Parkway and Best Western Parkway Hotels**. Both have access to the same services, facilities, conference centre and large fitness centre. They are conveniently located just off of Highway 404 and Express Highway 407 (30 minutes for the airport and a short easily accessible drive for GTA travelers with complimentary parking). Both hotels are within 15 minutes driving time to the Toronto Waldorf School campus.