



Marie Chartrand has 40 years of practice in art as painter, wood sculptor, stained glass artist, lazure-muralist, color-consultant, creativity facilitator, educator and art therapist. She has taught at Laval University, Sunbridge College, the Pegasus Institute, Maison Emmanuel and many Waldorf Schools in Canada. Marie creates workshops and seminars that, in her own words "enliven our actual culture with concepts and processes of anthroposophy".

At the center of her work resides the concern to awaken the true human faculties needed to face our modern world and to stimulate awareness and social forces in groups.

In this upcoming AAATNA conference we welcome Marie Chartrand as our keynote speaker and facilitator and we are looking forward to another rich and stimulating experience for art therapists and students in training, therapists from other disciplines and medical friends.

**Location:**

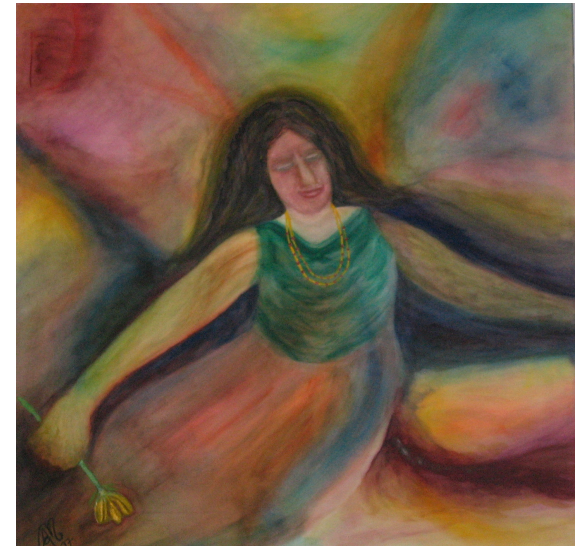
Community Room  
901 Rutherford Road  
Thornhill, Ontario L6A 1S2, Canada  
(Bathurst and Rutherford)

**Inquiries:**

Phone 905-709-3136  
[melanienason@rogers.com](mailto:melanienason@rogers.com)

# AAATNA

## Resilience and Enthusiasm: a contemporary challenge



### **Working with the Biology of Enthusiasm**

February 1 - 3, 2008

**A Conference in the Healing Arts  
organized by the Association of  
Anthroposophical Art Therapists in  
North America**

## RESILIENCE AND ENTHUSIASM: A CONTEMPORARY CHALLENGE

We will investigate, experience and share more deeply the nature of resilience and the spiritual outcomes that are at stake in our times. We will bring a certain focus on an evident and very actual symptom of our time, that of “coming undone” as seen in depression.

How as therapists, can we accompany the struggle without suppressing it? What could enable us to create a more Manichean strength within ourselves and re-enliven our soul dynamics as well as our spiritual insights?

Resilience in our contemporary world, has become a key concept for humanity but also, for lack of deepening, an endangered reality. First allotted to the domain of the resistance and plasticity of materials, the notion of resilience has preoccupied and revitalized the business, social and psychological communities. Its most valued notion holds in the ability to heal our wounded self and to **move on, making sense** of what happens, forming new emotional and social connections.

Resilience can be an education of our deepest faculties at every stage of our human adventure; in certain ways relating to what other previous generations called the education of courage.

This we will explore through the activities of art, lecture and discussion.

Friday, February 1, 2008

6:00 pm Registration

6:30 pm Light evening meal

7:30-9:00 pm Lecture by Marie Chartrand.

Resilience: A closer understanding of our contemporary challenge and an appreciation of the Biology of Enthusiasm.

Refreshments and Conversation

Saturday, February 2, 2008

9:30-10:30 am Exploring our theme in Eurythmy

10:30-11:00 am Refreshments and Conversation

11:00-12:30 pm Session 1

12:30-2:00 pm Lunch

2:00-3:30 pm Session 2

3:30-4:00 pm Tea

4:00-5:30 pm Session 3

Sunday, February 3, 2008

9:30-11:00 am Session 4

11:00-12:00 Plenum

12:00 Adjourn

## REGISTRATION FORM

Name:.....

Address:.....

.....

.....

Professional background:

.....

Tel:.....

e-mail:.....

Please tick boxes where applicable:

☐ Billposting needed? (\$25 per night)

☐ Number of nights \_\_\_\_\_ x \$25 = \_\_\_\_\_

### Conference fee:

☐ AAATNA member \$90 (CDN or US)

☐ Non-member \$140 (CDN or US)

☐ Membership \$55 (CDN or US)

Cost includes art materials, supper on Friday, lunch on Saturday and refreshments throughout the conference. (Vegetarian and organic)

Make cheque payable to AAATNA.

Please register by Jan 15, 2008

Late registration fee of \$15 applies.

### Detach and mail registrations to:

AAATNA

84 Serene Way

Thornhill, Ontario,

L4J 9A2 Canada